

## Christ's Heart

### Part 1: A Lowly Heart

#### **Introduction:**

Who is Jesus? There are so many answers to this question. Even just to list the titles given to him would be quite the endeavor. Yet, who we believe him to be, is possibly the most important thing about us. When the Bible talks about the heart it does not mean the seat for our bodily emotions as we do today. The heart was your deepest core. It is why you get up in the morning. It is your essence. Knowing this, we find one place in the four gospels where Jesus describes his own heart.

#### **Discussion Questions:**

1. While many of us won't hesitate to say that Jesus saved us from our sin, deep down, a lot of us wonder if, when it comes to us, his patience is wearing thin. Be honest, how do you think Jesus feels about you?
2. What are some aspects of who Jesus is based on scriptural accounts? Name as many as you can.
3. Read Matthew 11:28-30. Unpack the terms used in this passage. Who does Jesus say that he is at his core? Do you believe him? Why or why not? If this description is correct, what does that mean for you?
4. How do we hold both Jesus' mercy and his wrath? Don't they oppose each other? How can Jesus be all these things at once?
5. While Jesus may only discuss his heart once, he acts on it over and over again throughout the gospels. Name some things Jesus did that give evidence to his gentle and lowly heart.
6. I can imagine a physical, human Jesus embracing me in his arms. I think of it often. It feels like it would be easier to trust his heart when he was here for his earthly ministry. Is it harder to believe these things about Jesus without his physical presence? Read Hebrews 13:8. In light of this scripture, read this statement: Jesus is closer to you today than he was to the sinners and sufferers he touched in his earthly ministry. Agree or disagree? Why?

#### **Scripture:**

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light. (Mt 11:28-30).

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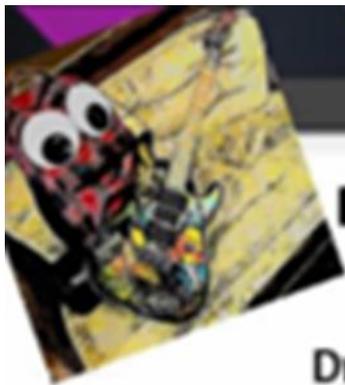
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- \*Daily at Modoc's Market
- \*July 17th and 24th at Wabash Farmer's Market
- \*July 26th-28th 1pm-3pm at AYC

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